

# Super health check

Tick these boxes as you work through your super health check.



## Stage 1:

- ☐ I know my superannuation balance.
- ☐ I have consolidated all of my super accounts.
- ☐ I have logged into my account online and updated my personal details.



## Stage 2:

- ☐ I have nominated a binding beneficiary or updated my existing one.
- ☐ I have reviewed my insurances within super and adjusted accordingly.
- ☐ I have reviewed if my investment option(s) is/are right for me and adjusted accordingly.
- ☐ I am boosting my super with extra contributions.



## Stage 3:

- ☐ I have used the Equip Super retirement calculator.
- ☐ I have goals for my retirement (when I want to retire and how much I will need to retire).
- ☐ I am confident that I am on-track to reach my goals (a financial planner may be required to help you develop a plan to reach your goals).

### If you have ticked all these boxes, congratulations!

You are well ahead of the pack and setting yourself up to have a financially comfortable retirement. Make sure you review this checklist every couple of years or if your lifestyle changes significantly.

If you need help with any of the topics on this list or want to look at other ways to super-charge your retirement savings, please contact our Member Services team or check out the information on our website at [equipsuper.com.au](https://equipsuper.com.au)



### Get in touch with us

We're on-hand to help at 1800 682 626. Or visit us at [equipsuper.com.au](https://equipsuper.com.au)